

## MONTHLY www.lovepaperkisses.com

| Physical  | Mental            |
|-----------|-------------------|
|           |                   |
|           |                   |
|           |                   |
|           |                   |
|           |                   |
|           |                   |
| Emotional | Spiritual         |
|           |                   |
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|           |                   |
|           |                   |
| Social    | Career/ Financial |
|           |                   |
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